

LEAD YOUR LIFE PROGRAM STARTER

MARCH - APRIL - MAY 2021





INTRODUCTION

Impactful Growth was founded by Marine Liesenhoff with the unique aim to empower young adults, and business teams to unlock their full potential. The company also gathers a community of people sharing a common goal: Embrace every opportunity to grow while creating relevant impact.

"We believe that every student and young professional deserves the tools and skills that set them up for success in building the future they want for themselves."

Therefore, we developed a 3 months program called: Lead your life starters aiming at empowering you, as a student or young professional, regardless of your background or location, by offering you the skills and tools you need to successfully reach your goals. The program combines individual and collaborative approaches, such as:

- Personal coaching
- Expert mentoring
- Collaborative training
- Inspirational workshops

The program is 100% digital and given in English.



THE PROGRAM

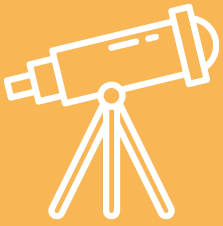
YOUR TAKE-AWAYS 1

THREE MONTHS PROGRAM 2

- **DISCOVER - MARCH**
- **DARE - APRIL**
- **DEVELOP - MAY**

CONTACT 6



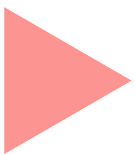


YOUR TAKE-AWAYS



A CLEAR UNDERSTANDING OF YOUR CORE QUALITIES

And how to best use them personally and professionally



THE ABILITY TO THINK AND ACT LIKE AN ENTREPRENEUR

by quickly validating opportunities before making important decisions



THE DEVELOPMENT OF A POWERFUL GROWTH PLAN

Including a digital and scalable personal branding

DISCOVER

5th - 28th of March 2021



AGENDA

WEEK ONE

- **05/03/21: KICK-OFF (2H)**

- **06/03/21: TRAINING 1**

The power of self-awareness (10H - 14H)

WEEK TWO

- **11/03/21: INSPIRING SESSION**

Open conversation and testimonials on authenticity at work and in your life

WEEK THREE

- **20/03/21: WORKSHOP 1**

How to benefit from creativity to define your core qualities & strengths (10H - 12H)

WEEK FOUR

- **27/03/21: WORKSHOP 2**

How to turn fears into strengths (10H - 12H)

PERSONAL DEVELOPMENT

During the first month of "Discover" you will explore personal development concepts such as:

1. Self-awareness
2. Emotional intelligence
3. Mindfulness

We will give you access to useful tools to better develop them during and after the program.

You will also be able to access:

- Bi-weekly individual coaching
- Mentoring (by booking 30 min. one o one sessions on request with our mentors)

DARE

9th - 30th of April 2021



AGENDA

WEEK ONE

- **09/04/21: INTRODUCTION (1H)**
- **10/04/21: TRAINING 2**

The power of an entrepreneurial thinking (10H - 14H)

WEEK TWO

- **17/04/21: INSPIRING SESSION**

Open conversation and testimonials on getting out of your comfort zone and dare

WEEK THREE

- **24/04/21: WORKSHOP 3**

How to experiment and validate your assumptions like an entrepreneur (10H - 12H)

WEEK FOUR

- **30/04/21: WORKSHOP 4**

How to use lean start-up approaches in risky times (17H - 18H30)

ENTREPRENEURIAL THINKING

During the second month of "Dare" you will embed an entrepreneurial mindset which combines different innovation concepts such as :

1. Design thinking
2. Lean start-up
3. Experimentation

We will give you access to useful tools to better develop them during and after the program.

You will also be able to access:

- Bi-weekly individual coaching
- Mentoring

DEVELOP

7th - 29th of May 2021



AGENDA

WEEK ONE

- **07/05/21: INTRODUCTION (1H)**
- **08/05/21: TRAINING 3**

The power of embracing a growth habit and building a growth plan (10H - 14H)

WEEK TWO

- **15/05/21: INSPIRING SESSION**

Open conversation and testimonials on the importance of a growth network

WEEK THREE

- **22/05/21: WORKSHOP 5**

How to build a digital & scalable personal branding (10H - 12H)

WEEK FOUR

- **29/05/21: WORKSHOP 6**

How to leverage from your network and keep growing(17H - 18H30)

COLLABORATIVE GROWTH

During the third month of "Develop" you will build your personal growth plan which combines concepts such as :

1. Growth habits
2. Digital & scalable branding
3. Collaborative growth

We will give you access to useful tools to better develop them during and after the program.

You will also be able to access:

- Bi-weekly individual coaching
- Mentoring



**WE ARE
EXCITED TO
MEET YOU!**

GET IN CONTACT

**CONTACT US AT:
MARINE@IMPACTFUL-GROWTH.COM**

www.impactful-growth.com